



City of Charleston

Employee Fitness Center City Hall - Fourth Floor - Room 404

- **24/7 access with programmed access card**
- **Nautilus equipment and free weights**
- **Treadmills, stationary bikes and elliptical machine**
- **Group fitness classes available in aerobics room (Room 405)**
- **Locker room and shower facilities**
- **Dependents over 16 welcome when accompanied by employee**

Contact Human Resources for an access card, complete fitness class schedule or further details.